



WHO ARE CYB-MFLCs AND WHAT DO THEY DO?

CYB-MFLCs are

- Masters or Doctorate-level licensed counselors specializing in child and youth behavioral issues
- Available at no cost to assist children and youth, parents, family members and staff of child and youth programs
- Available to provide short-term, non-medical counseling support

Services are private and confidential with the exception of child abuse/neglect, domestic abuse and other duty-to-warn situations.

HOW DO CYB-MFLCs MAKE A DIFFERENCE?

CYB-MFLCs provide a wide range of support to military children and youth, family members and staff who work with children by

- Engaging in activities with children and youth
- Providing behavioral interventions in classrooms, at camps and in Child Development Centers to assist staff in setting and managing boundaries
- Modeling behavioral techniques and providing feedback to staff
- Being available to parents and staff to discuss interactions with children and other concerns
- Facilitating psycho-educational groups

ISSUES ADDRESSED BY CYB-MFLCs

- School adjustment
- Deployment and separation
- Reunion adjustment
- Sibling and parent-child communication
- Behavioral concerns
- Fear, grief and loss

